

EGG ROLL IN A BOWL

Ingredients:

1-2 Packages of cole slaw
1 package of ground Turkey sausage
1 thumb of Ginger
1 bunch of green onion for garnish
4-5 cloves of garlic

Preparation:

In a large wok or pan- Prepare turkey sausage on stovetop. Add the cole slaw on top of the browned meat and cook. While cooking, zest the garlic and ginger on the top. Cook down all together. Add salt and pepper to taste.
To Serve add the green onion to the top and enjoy!